

Competing for Its Own Sake: Experimental Evidence on the Welfare Effects of Competition

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Motivation

Intense Competition in China's Education System



Motivation

"1 point increase in grades, 1 stadium of competitors beaten"



Motivation

Do they enjoy studying in such a highly competitive environment?



Motivation

Does this competition experience have second-order consequences?



Motivation

Does this competition experience have second-order consequences? Interest in learning



Motivation

Does this competition experience have second-order consequences? Social attitudes



Research Questions

1. How does competition directly affect utility?

→ Question I: Competition $\xRightarrow{?}$ Utility

→ Question II: Why?

Research Questions

1. How does competition directly affect utility?

→ Question I: Competition $\xRightarrow{?}$ Utility

→ Question II: Why?

2. Are there second-order consequences of these utility effects?

→ Question I: Competition $\xRightarrow{?}$ Preference for the task

→ Question II: Competition $\xRightarrow{?}$ Zero-sum thinking and Prosocial behavior

Preview of Findings

1. Does competition directly affect utility, independent of competition outcomes?
 - Result 1: Competition $\uparrow \implies$ Utility \uparrow
 - Result II: Belief channel and Preference channel

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→ Result I: Competition $\uparrow \implies$ Preference for the task \uparrow

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→ Result II: Belief channel and Preference channel

2. Are there second-order consequences of these utility effects?

→ Result I: Competition $\uparrow \implies$ Preference for the task \uparrow

→ Result II: Competition $\uparrow \implies$ Zero-sum thinking \downarrow Prosocial behavior \uparrow

Related Literature

- ▶ Behavioral welfare economics

Kahneman et al., 1997, 1999; Frey et al., 2004; Frey and Stutzer, 2005; Kahneman and Krueger, 2006; Benz and Frey, 2008; Benjamin et al., 2014; Bartling et al., 2014; Bernheim et al., 2024

→ Contribution: New evidence on utility effects of competition

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→ Contribution: New evidence on utility effects of competition

- ▶ State-dependent preferences - attribution bias

Haggag et al., 2019, 2021; Bushong and Gagnon-Bartsch, 2023

→ *Attribution bias: the tendency to misattribute the influence of a temporary state to a stable property of the good or activity.*

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- ▶ State-dependent preferences - attribution bias

Haggag et al., 2019, 2021; Bushong and Gagnon-Bartsch, 2023

→ Contribution: New evidence on attribution bias in a competitive environment

- ▶ Experimental studies on competition

Gneezy et al., 2003; Niederle and Vesterlund, 2007, 2011; Carpenter et al., 2010; Cason et al., 2010; Mobius et al., 2022; Hauge et al., 2023; Englmaier et al., 2024; Hong et al., 2015;

→ Contribution: New design for the control group - threshold score

Roadmap

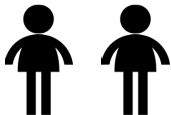
- ▶ Introduction
- ▶ Theoretical Framework
- ▶ Experimental Design
- ▶ Experimental Results
- ▶ Conclusion

Theoretical Framework

Definition of Competition

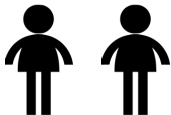
- ▶ A situation where:
 - A scarce resource is allocated among parties
 - Payoffs depend on both one's own and others' performance

Definition of Competition



Competition

Utility Function in Competition



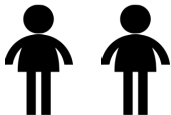
Competition

Utility Function in Competition



► Monetary utility

$$\rightarrow p^{\text{win}}(e^C) \cdot r^{\text{win}} + (1 - p^{\text{win}}(e^C)) \cdot r^{\text{lose}}$$



Competition

Utility Function in Competition



- ▶ Monetary utility

$$\rightarrow p^{\text{win}}(e^C) \cdot r^{\text{win}} + (1 - p^{\text{win}}(e^C)) \cdot r^{\text{lose}}$$



- ▶ Non-monetary utility

$$\rightarrow \psi^C$$

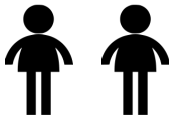
Competition

Utility Function in Competition



- ▶ Monetary utility

$$\rightarrow p^{\text{win}}(e^C) \cdot r^{\text{win}} + (1 - p^{\text{win}}(e^C)) \cdot r^{\text{lose}}$$



Competition

- ▶ Non-monetary utility

$$\rightarrow \psi^C$$

- ▶ Cost of effort

$$\rightarrow c(e^C)$$

Utility Function in Competition

$$U^C = \underbrace{EU^C}_{\text{monetary utility}} + \underbrace{\psi^C}_{\text{non-monetary utility}} - c(e^C)$$

- ▶ Monetary utility

- $EU^C = p(e^C) \cdot r^{\text{win}} + (1 - p(e^C)) \cdot r^{\text{lose}}$

- ▶ Non-monetary utility

- Immediate affective responses to competing, such as excitement or stress
 - Anticipatory utility from envisioning winning or losing the competition

Definition of Non-Competition in Literature

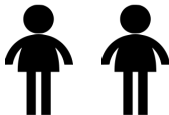
- ▶ A piece-rate payment scheme:
 - Payoffs depend on how many pieces produced
 - No uncertainty

Utility Function in Competition



- ▶ Monetary utility

$$\rightarrow p^{\text{win}}(e^C) \cdot r^{\text{win}} + (1 - p^{\text{win}}(e^C)) \cdot r^{\text{lose}}$$



Competition

- ▶ Non-monetary utility

$$\rightarrow \psi^C$$

- ▶ Cost of effort

$$\rightarrow c(e^C)$$

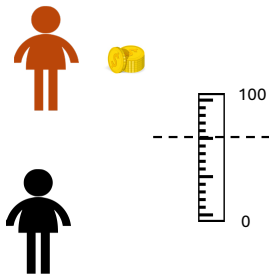
Definition of Non-Competition in Literature

- ▶ A piece-rate payment scheme:
 - Payoffs depend on how many pieces produced
 - No uncertainty
 - **Problem: confounds such as risk aversion**

Definition of Non-Competition

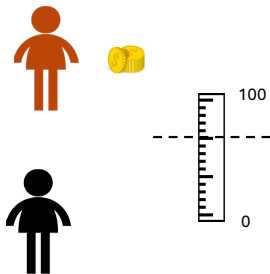
- ▶ A situation where:
 - A goal is pursued independently by individuals
 - Payoffs depend on whether one's performance meets a pre-determined threshold

Definition of Non-Competition



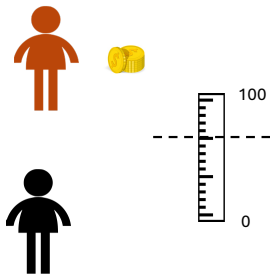
Non-competition

Utility Function in Non-Competition



Non-competition

Utility Function in Non-Competition

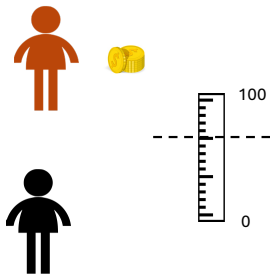


Non-competition

► Monetary utility

$$\rightarrow p^{\text{pass}}(e^{\text{NC}}) \cdot r^{\text{pass}} + (1 - p^{\text{pass}}(e^{\text{NC}})) \cdot r^{\text{fail}}$$

Utility Function in Non-Competition



Non-competition

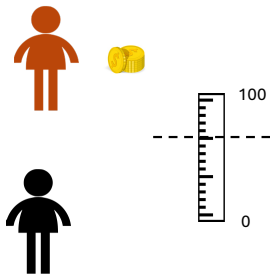
► Monetary utility

$$\rightarrow p^{\text{pass}}(e^{\text{NC}}) \cdot r^{\text{pass}} + (1 - p^{\text{pass}}(e^{\text{NC}})) \cdot r^{\text{fail}}$$

► Non-monetary utility

$$\rightarrow \psi^{\text{NC}}$$

Utility Function in Non-Competition



Non-competition

► Monetary utility

$$\rightarrow p^{\text{pass}}(e^{\text{NC}}) \cdot r^{\text{pass}} + (1 - p^{\text{pass}}(e^{\text{NC}})) \cdot r^{\text{fail}}$$

► Non-monetary utility

$$\rightarrow \psi^{\text{NC}}$$

► Cost of effort

$$\rightarrow c(e^{\text{NC}})$$

Utility Function in Non-Competition

$$U^{NC} = \underbrace{EU^{NC}}_{\text{monetary utility}} + \underbrace{\psi^{NC}}_{\text{non-monetary utility}} - c(e^{NC})$$

- ▶ Monetary utility

- $EU^{NC} = p(e^{NC}) \cdot r^{\text{pass}} + (1 - p(e^{NC})) \cdot r^{\text{fail}}$

- ▶ Non-monetary utility

- Immediate affective responses during goal pursuit, such as excitement or stress
 - Anticipatory utility from envisioning achieving or failing to achieve the goal

Utility: Competition vs. Non-competition

$$U^C = \underbrace{p(e^C) \cdot r^{\text{win}} + (1 - p(e^C)) \cdot r^{\text{lose}}}_{\text{monetary utility}} + \underbrace{\psi^C}_{\text{non-monetary utility}} - \underbrace{c(e^C)}_{\text{cost of effort}}$$

$$U^{NC} = \underbrace{p(e^{NC}) \cdot r^{\text{pass}} + (1 - p(e^{NC})) \cdot r^{\text{fail}}}_{\text{monetary utility}} + \underbrace{\psi^{NC}}_{\text{non-monetary utility}} - \underbrace{c(e^{NC})}_{\text{cost of effort}}$$

Model Insights for Design: Rewards

$$U^C = \underbrace{p(e^C) \cdot \mathbf{r}^{\text{win}} + (1 - p(e^C)) \cdot \mathbf{r}^{\text{lose}}}_{\text{monetary utility}} + \underbrace{\psi^C}_{\text{non-monetary utility}} - \underbrace{c(e^C)}_{\text{cost of effort}}$$

$$U^{NC} = \underbrace{p(e^{NC}) \cdot \mathbf{r}^{\text{pass}} + (1 - p(e^{NC})) \cdot \mathbf{r}^{\text{fail}}}_{\text{monetary utility}} + \underbrace{\psi^{NC}}_{\text{non-monetary utility}} - \underbrace{c(e^{NC})}_{\text{cost of effort}}$$

Model Insights for Design: Rewards

$$U^C = \underbrace{p(e^C) \cdot \$1m + (1 - p(e^C)) \cdot \$0}_{\text{monetary utility}} + \underbrace{\psi^C}_{\text{non-monetary utility}} - \underbrace{c(e^C)}_{\text{cost of effort}}$$

$$U^{NC} = \underbrace{p(e^{NC}) \cdot \$0.1 + (1 - p(e^{NC})) \cdot \$0}_{\text{monetary utility}} + \underbrace{\psi^{NC}}_{\text{non-monetary utility}} - \underbrace{c(e^{NC})}_{\text{cost of effort}}$$

Model Insights for Design: Equalize Rewards

$$U^C = \underbrace{p(e^C) \cdot \mathbf{r}^{\text{win}} + (1 - p(e^C)) \cdot \mathbf{r}^{\text{lose}}}_{\text{monetary utility}} + \underbrace{\psi^C}_{\text{non-monetary utility}} - \underbrace{c(e^C)}_{\text{cost of effort}}$$

$$U^{NC} = \underbrace{p(e^{NC}) \cdot \mathbf{r}^{\text{pass}} + (1 - p(e^{NC})) \cdot \mathbf{r}^{\text{fail}}}_{\text{monetary utility}} + \underbrace{\psi^{NC}}_{\text{non-monetary utility}} - \underbrace{c(e^{NC})}_{\text{cost of effort}}$$

- Equalize rewards to avoid reward-size confounds ($r^{\text{win}} = r^{\text{pass}}, r^{\text{lose}} = r^{\text{fail}}$)

Model Insights for Design: Gain-Framed Rewards

$$U^C = \underbrace{p(e^C) \cdot \mathbf{R} + (1 - p(e^C)) \cdot \mathbf{0}}_{\text{monetary utility}} + \underbrace{\psi^C}_{\text{non-monetary utility}} - \underbrace{c(e^C)}_{\text{cost of effort}}$$

$$U^{NC} = \underbrace{p(e^{NC}) \cdot \mathbf{R} + (1 - p(e^{NC})) \cdot \mathbf{0}}_{\text{monetary utility}} + \underbrace{\psi^{NC}}_{\text{non-monetary utility}} - \underbrace{c(e^{NC})}_{\text{cost of effort}}$$

Model Insights for Design: Loss-Framed Rewards

$$U^C = \underbrace{p(e^C) \cdot \mathbf{0} + (1 - p(e^C)) \cdot (-\mathbf{R})}_{\text{monetary utility}} + \underbrace{\psi^C}_{\text{non-monetary utility}} - \underbrace{c(e^C)}_{\text{cost of effort}}$$

$$U^{NC} = \underbrace{p(e^{NC}) \cdot \mathbf{0} + (1 - p(e^{NC})) \cdot (-\mathbf{R})}_{\text{monetary utility}} + \underbrace{\psi^{NC}}_{\text{non-monetary utility}} - \underbrace{c(e^{NC})}_{\text{cost of effort}}$$

Utility: Competition vs. Non-competition

$$U^C = \underbrace{p(e^C) \cdot r^{\text{win}} + (1 - p(e^C)) \cdot r^{\text{lose}}}_{\text{monetary utility}} + \underbrace{\psi^C}_{\text{non-monetary utility}} - \underbrace{c(e^C)}_{\text{cost of effort}}$$

$$U^{NC} = \underbrace{p(e^{NC}) \cdot r^{\text{pass}} + (1 - p(e^{NC})) \cdot r^{\text{fail}}}_{\text{monetary utility}} + \underbrace{\psi^{NC}}_{\text{non-monetary utility}} - \underbrace{c(e^{NC})}_{\text{cost of effort}}$$

Model Insights for Design

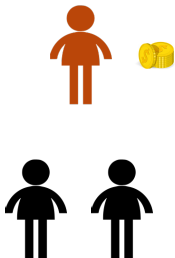
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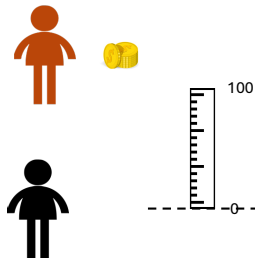
► Perceived probability

- Ex-ante probability (pre-determined by design)
- Subjective probability (deviations from the ex-ante probability)

Competition vs. Non-Competition: Ex-Ante Probability



Competition: Prob (win) = 0.5



Non-competition: Prob (pass) = 1

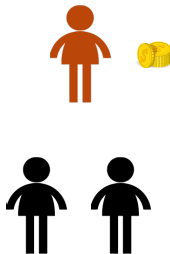
Model Insights for Design: Equalize Ex-Ante Probability

$$U^C = \underbrace{p^C \cdot r^{\text{win}} + (1 - p^C) \cdot r^{\text{lose}}}_{\text{monetary utility}} + \underbrace{\psi^C}_{\text{non-monetary utility}} - \underbrace{c(e^C)}_{\text{cost of effort}}$$

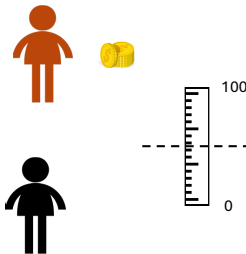
$$U^{NC} = \underbrace{p^{NC} \cdot r^{\text{pass}} + (1 - p^{NC}) \cdot r^{\text{fail}}}_{\text{monetary utility}} + \underbrace{\psi^{NC}}_{\text{non-monetary utility}} - \underbrace{c(e^{NC})}_{\text{cost of effort}}$$

- Equalize ex-ante probabilities to avoid winning-probability confounds

Competition vs. Non-Competition: Ex-Ante Probability

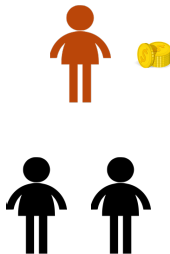


Competition: Prob (win) = 0.5

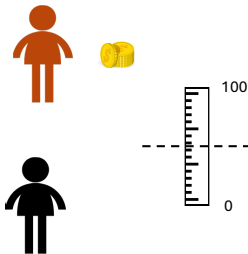


Non-competition: Threshold = ?

Competition vs. Non-Competition: Ex-Ante Probability



Competition: Prob (win) = 0.5



Non-competition: Threshold = Median

Model Insights for Design: Summary

- ▶ Rewards:

- Equalize rewards across treatments to avoid reward-size confounds

- Gain-Framed Rewards vs Loss-Framed Rewards

- ▶ Ex-ante probabilities:

- Equalize ex-ante probabilities to avoid winning-probability confounds

Experimental Design

Treatments: Competition vs. Non-Competition

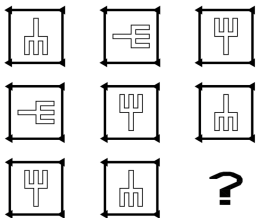
Treatment 1

Competition

Treatment 2

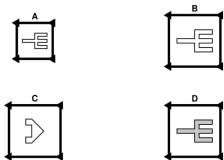
Non-Competition

Experimental Task: IQ Quiz



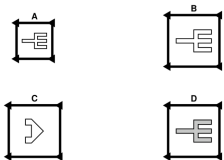
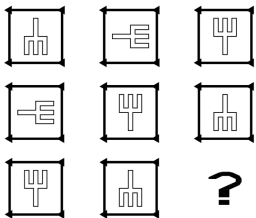
Which piece is the correct complement?

- ☐ A
- ☐ B
- ☐ C
- ☐ D



Next

Experimental Task: IQ Quiz



- ▶ 4-minute timed quiz
- ▶ 50 Raven's Matrices questions
- ▶ Questions vary in difficulty
- ▶ Score rule: +1 correct, -0.25 incorrect

Treatments: Competition vs. Non-Competition

Treatment 1

Competition

Treatment 2

Non-Competition

Treatments: Competition vs. Non-Competition

Treatment 1

Competition



Treatment 2

Non-Competition



Treatments: Competition vs. Non-Competition

Treatment 1

Competition

  \$(4, 0)

Treatment 2

Non-Competition

  \$(4, 0)

Rewards: Gain-Framed vs Loss-Framed


Treatment 1

Competition

  \$(4, 0)



Treatment 2

Non-Competition

  \$(4, 0)

Treatment 3

Competition

  \$(0, -4)

Treatment 4

Non-Competition

  \$(0, -4)

Treatments: Competition vs. Non-Competition


Treatment 1

Competition

  \$(4, 0)

Treatment 2

Non-Competition

  \$(4, 0)

Treatment 3

Competition

Show-up fee: \$6   \$(0, -4)

Treatment 4

Non-Competition

  \$(0, -4)

Treatments: Competition vs. Non-Competition

Treatment 1

Competition

Show-up fee: \$2



$$(4, 0)$

Treatment 2

Non-Competition



$$(4, 0)$

Treatment 3

Competition

Show-up fee: \$6



$$(0, -4)$

Treatment 4

Non-Competition



$$(0, -4)$

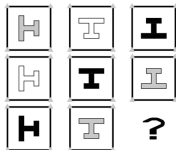
Interface: Gain-Framed Non-Competition Treatment

Time Left: 3:39

IQ Quiz - Question 3

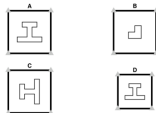
Reach the target score to receive the \$4 bonus.

Score 6 or above : earn \$4 | Score below 6 : earn \$0



Which piece is the correct complement?

- ☐ A
- ☐ B
- ☐ C
- ☐ D



Next


Interface: Gain-Framed Competition Treatment

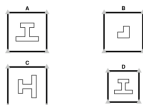
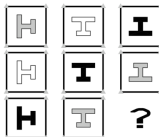
IQ Quiz Competition – Question 3

Time Left: 2:14

Only one of you receives the \$4 bonus.

Top Performer: earn \$4 | Bottom Performer: earn \$0

Opponent's Raw Score:  5



Which piece is the correct complement?

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Next

Why Real-Time Raw Score Bar?

- ▶ Heighten the sense of competition
- ▶ Prevent participants from inferring competition outcomes
- ▶ Mirror real-world settings with partial information about competitors

Experimental Design Structure

Treatment 1

Competition

Show-up fee: \$2



💰 \$(4, 0)

Treatment 2

Non-Competition



💰 \$(4, 0)

Treatment 3

Competition

Show-up fee: \$6



💰 \$(0, -4)

Treatment 4

Non-Competition



💰 \$(0, -4)



Experimental Design Structure



Survey



Experimental Design Highlight: Unknown Outcomes

- ▶ No information about competition outcomes

e.g. whether the individual wins

- ▶ No information about goal-achievement outcomes

e.g. whether the individual meets the threshold

Primary Survey Measures

- ▶ Utility

Primary Survey Measures

- ▶ Utility
- ▶ Preference for the task

Primary Survey Measures

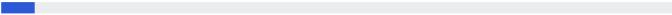
- ▶ Utility
- ▶ Preference for the task
- ▶ Zero-sum thinking
- ▶ Altruism

Primary Survey Measures

- ▶ Utility
- ▶ Preference for the task
- ▶ Zero-sum thinking
- ▶ Altruism
- ▶ Belief about winning

Primary Survey Measures

- ▶ **Utility**
- ▶ Preference for the task
- ▶ Zero-sum thinking
- ▶ Altruism
- ▶ Belief about winning



On a scale from 1 (not at all enjoyable) to 7 (extremely enjoyable), how enjoyable was the IQ Quiz Competition?



Primary Survey Measures

- ▶ Utility
- ▶ **Preference for the task**
- ▶ Zero-sum thinking
- ▶ Altruism
- ▶ Belief about winning

Imagine you have another IQ quiz in front of you right now, similar to the one you just completed, but with a different set of fifty questions. You again have 4 minutes to answer as many as possible. If you get at least 6 questions correct within the 4 minutes, you will receive a payment. Below is a list of payment amounts. For each amount, please indicate 'Yes' if you would be willing to take the quiz for that payment, or 'No' if you would not.

| | | |
|--------|---|--|
| \$0.20 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$0.40 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$0.60 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$0.80 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$1.00 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$1.20 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$1.40 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$1.60 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$1.80 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$2.00 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$2.50 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$3.00 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |
| \$5.00 | <input type="radio"/> Yes, I would take | <input type="radio"/> No, I would not take |

Primary Survey Measures

- ▶ Utility
- ▶ Preference for the task
- ▶ **Zero-sum thinking**
- ▶ Altruism
- ▶ Belief about winning

Below are two statements. Where do your views fall on a scale from 1 to 10?

1 means you agree completely with the statement 1; 10 means you agree completely with the statement 2. If your views fall somewhere in between, you can choose any number in between.

Statement 1: People can only become wealthy at the expense of others

Statement 2: Wealth can grow so there's enough for everyone



Primary Survey Measures

- ▶ Utility
- ▶ Preference for the task
- ▶ Zero-sum thinking
- ▶ **Altruism**
- ▶ Belief about winning

How would you split \$100 between yourself and a randomly-selected participant in this study?

The closer you drag the slider to one individual, the more money you allocate to that individual. The randomly-selected individual would never find out that it was you who sent them the money. Please drag the slider to the point where you feel satisfied with the way the money is split.

How would I split the money?

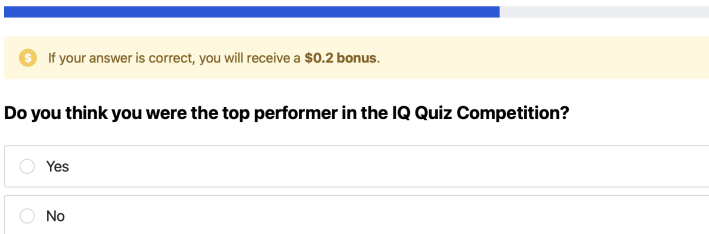
You
\$50

A random participant
\$50

\$100

Primary Survey Measures

- ▶ Utility
- ▶ Preference for the task
- ▶ Zero-sum thinking
- ▶ Altruism
- ▶ **Belief about winning**



A screenshot of a survey interface. At the top, there is a progress bar with a blue segment on the left and a grey segment on the right. Below the progress bar is a yellow notification box with a dollar sign icon and the text: "If your answer is correct, you will receive a \$0.2 bonus." Below this is the question: "Do you think you were the top performer in the IQ Quiz Competition?". There are two radio button options: "Yes" and "No".

\$ If your answer is correct, you will receive a **\$0.2 bonus**.

Do you think you were the top performer in the IQ Quiz Competition?

☐ Yes

☐ No

Experimental Implementation

Data Collection

- ▶ Date: June 2025
- ▶ Platform: Prolific
- ▶ Sample: US citizens, Age > 18 , Approval rate $> 95\%$
- ▶ Real-time Participant Matching

Participant Matching Screen

Please Wait

The system is matching you with a random participant. If matched, the quiz will start immediately. If not matched within 5 minutes, you'll receive a \$0.50 bonus as compensation.



Waiting: 2:37

- ✓ Max wait time: 5 minutes
- ✓ Unmatched: \$0.50 bonus
- ✓ Avg waiting time: 19 seconds

Pre-Treatment Covariates Balance

| | (1) | (2) | (3) | (4) | (5) | (6) |
|------------------|------------------|------------------|------------------|------------------|-----------------|------------------|
| | Gain Framing | | Loss Framing | | Difference | |
| | Competition | Control | Competition | Control | (1)-(2) | (3)-(4) |
| <i>Age</i> | 39.72 (13.64) | 40.21 (13.13) | 38.97 (13.75) | 41.55 (13.06) | -0.50 [0.71] | -2.58* [0.06] |
| <i>Female</i> | 0.51 (0.50) | 0.52 (0.50) | 0.50 (0.50) | 0.50 (0.50) | -0.01 [0.84] | 0.00 [0.96] |
| <i>White</i> | 0.62 (0.49) | 0.59 (0.49) | 0.56 (0.50) | 0.61 (0.49) | 0.03 [0.52] | -0.05 [0.34] |
| <i>Bachelor</i> | 0.45 (0.50) | 0.45 (0.50) | 0.51 (0.50) | 0.44 (0.50) | 0.00 [0.99] | 0.07 [0.15] |
| <i>Full-time</i> | 0.64 (0.48) | 0.57 (0.50) | 0.69 (0.46) | 0.69 (0.46) | 0.08 [0.12] | 0.00 [0.97] |
| Observations | 194 | 196 | 198 | 199 | 390 | 397 |

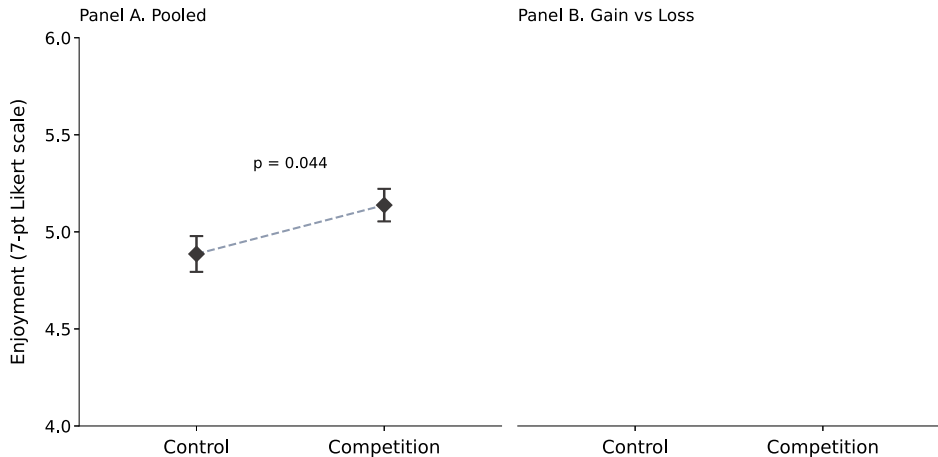
Notes: std. dev. in parentheses; p-values in brackets. F-tests: gain $p = 0.61$, loss $p = 0.17$.

Experimental Results

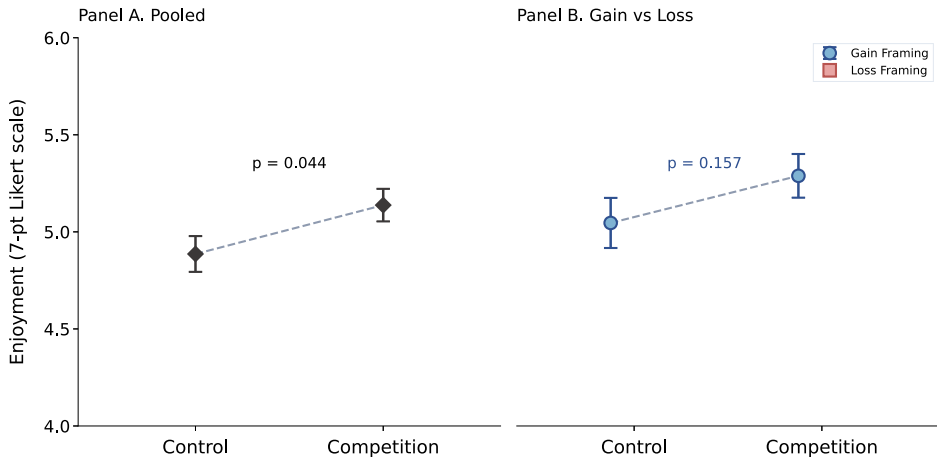
Recap of Main Research Questions

- ▶ Competition $\xRightarrow{?}$ Utility
- ▶ Mechanisms
- ▶ Second-order consequences of these utility effects
 - $\xRightarrow{?}$ Preference for the task
 - $\xRightarrow{?}$ Zero-sum thinking and Altruism

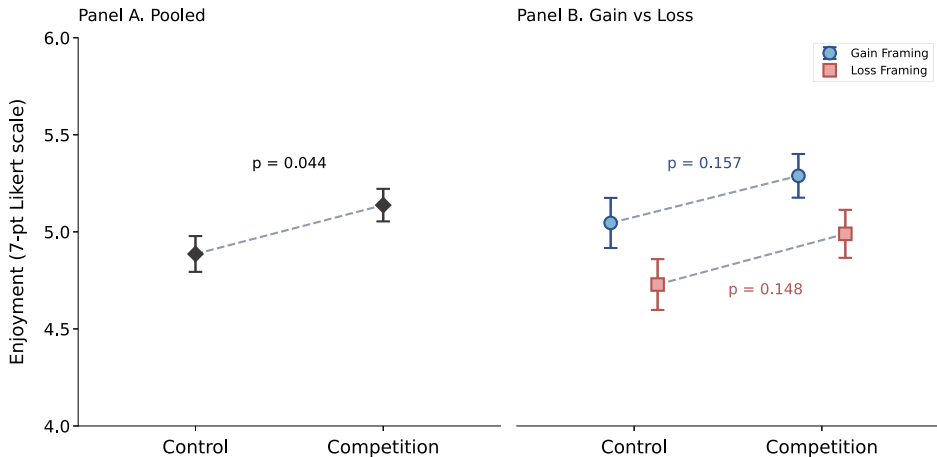
Competition Increases Utility



Competition Increases Utility with Gain-Framed Rewards



Competition Increases Utility with Loss-Framed Rewards



Finding 1: Competition Increases Utility

- ▶ Competition increases utility in both gain- and loss-framed reward structures.
- ▶ The utility levels in loss frames are consistently lower than that in gain frames.

Three Channels Driving Utility Effects

$$U^C = \underbrace{p^C \cdot r^{\text{win}} + (1 - p^C) \cdot r^{\text{lose}}}_{\text{monetary utility}} + \underbrace{\psi^C}_{\text{non-monetary utility}} - \underbrace{c(e^C)}_{\text{cost of effort}}$$

$$U^{NC} = \underbrace{p^{NC} \cdot r^{\text{pass}} + (1 - p^{NC}) \cdot r^{\text{fail}}}_{\text{monetary utility}} + \underbrace{\psi^{NC}}_{\text{non-monetary utility}} - \underbrace{c(e^{NC})}_{\text{cost of effort}}$$

Three Channels Driving Utility Effects

$$U^C = \underbrace{p^C \cdot r^{\text{win}} + (1 - p^C) \cdot r^{\text{lose}}}_{\text{monetary utility}} + \underbrace{\psi^C}_{\text{non-monetary utility}} - \underbrace{c(e^C)}_{\text{cost of effort}}$$

$$U^{NC} = \underbrace{p^{NC} \cdot r^{\text{pass}} + (1 - p^{NC}) \cdot r^{\text{fail}}}_{\text{monetary utility}} + \underbrace{\psi^{NC}}_{\text{non-monetary utility}} - \underbrace{c(e^{NC})}_{\text{cost of effort}}$$

► Competition affects utility via three channels:

→ (i) p belief channel, (ii) ψ preference channel, (iii) e effort channel

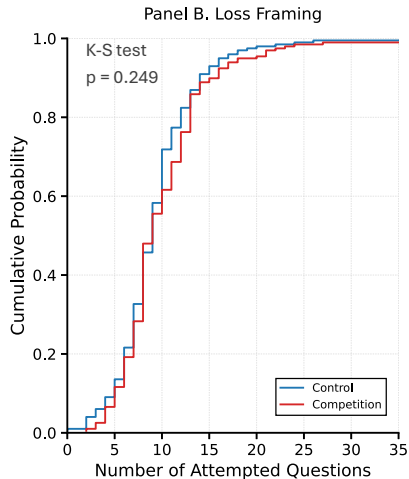
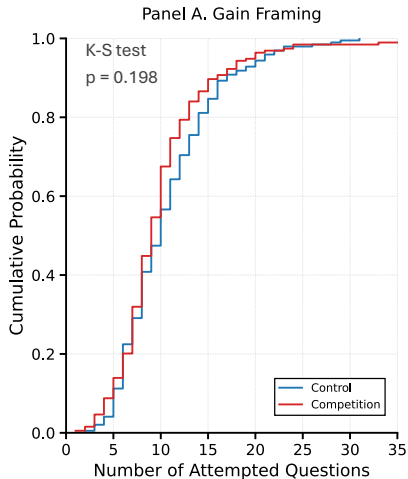
Treatment Effects of Competition on Utility

| Dependent Variable: Enjoyment | | | | | | | | | |
|-------------------------------|--------|-----|-----|--------------|-----|-----|--------------|-----|-----|
| | Pooled | | | Gain Framing | | | Loss Framing | | |
| | (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) |
| Competition | 0.25** | | | 0.24 | | | 0.26 | | |
| | (0.12) | | | (0.17) | | | (0.18) | | |
| Control mean | 4.89 | | | 5.05 | | | 4.73 | | |
| Observations | 787 | | | 390 | | | 397 | | |

Utility Effects Are Not Driven by the Effort Channel

| Dependent Variable: Enjoyment | | | | | | | | | |
|-------------------------------|--------|--------|-----|--------------|--------|-----|--------------|--------|-----|
| | Pooled | | | Gain Framing | | | Loss Framing | | |
| | (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) |
| Competition | 0.25** | 0.25** | | 0.24 | 0.23 | | 0.26 | 0.28 | |
| | (0.12) | (0.12) | | (0.17) | (0.17) | | (0.18) | (0.18) | |
| Effort Proxy | | -0.02 | | | -0.02 | | | -0.03 | |
| | | (0.01) | | | (0.02) | | | (0.02) | |
| Control mean | 4.89 | 4.89 | | 5.05 | 5.05 | | 4.73 | 4.73 | |
| Observations | 787 | 787 | | 390 | 390 | | 397 | 397 | |

Utility Effects Are Not Driven by the Effort Channel



Utility Effects Are Not Driven by the Effort Channel

| Dependent Variable: Enjoyment | | | | | | | | | |
|-------------------------------|--------|--------|-----|--------------|--------|-----|--------------|--------|-----|
| | Pooled | | | Gain Framing | | | Loss Framing | | |
| | (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) |
| Competition | 0.25** | 0.25** | | 0.24 | 0.23 | | 0.26 | 0.28 | |
| | (0.12) | (0.12) | | (0.17) | (0.17) | | (0.18) | (0.18) | |
| Effort Proxy | | -0.02 | | | -0.02 | | | -0.03 | |
| | | (0.01) | | | (0.02) | | | (0.02) | |
| Control mean | 4.89 | 4.89 | | 5.05 | 5.05 | | 4.73 | 4.73 | |
| Observations | 787 | 787 | | 390 | 390 | | 397 | 397 | |

Belief and Preference Channels Drive Utility Effects

| Dependent Variable: Enjoyment | | | | | | | | | |
|-------------------------------|--------|--------|---------|--------------|--------|---------|--------------|--------|---------|
| | Pooled | | | Gain Framing | | | Loss Framing | | |
| | (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) |
| Competition | 0.25** | 0.25** | 0.45*** | 0.24 | 0.23 | 0.45*** | 0.26 | 0.28 | 0.45*** |
| | (0.12) | (0.12) | (0.12) | (0.17) | (0.17) | (0.16) | (0.18) | (0.18) | (0.17) |
| Effort Proxy | | -0.02 | | | -0.02 | | | -0.03 | |
| | | (0.01) | | | (0.02) | | | (0.02) | |
| Believe Win | | | 1.36*** | | | 1.39*** | | | 1.31*** |
| | | | (0.14) | | | (0.20) | | | (0.20) |
| Control mean | 4.89 | 4.89 | 4.89 | 5.05 | 5.05 | 5.05 | 4.73 | 4.73 | 4.73 |
| Observations | 787 | 787 | 787 | 390 | 390 | 390 | 397 | 397 | 397 |

Finding 2: Preference Channel Driving Utility Effects

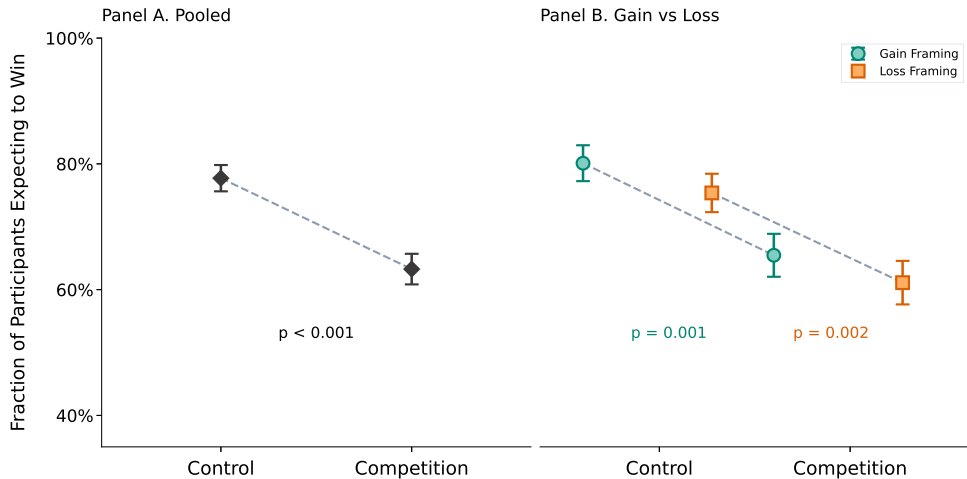
- ▶ Preference Channel

- Competition increases utility through the preference channel.
- Individuals intrinsically enjoy competing with others.

Belief and Preference Channels Drive Utility Effects

| Dependent Variable: Enjoyment | | | | | | | | | |
|-------------------------------|--------|--------|---------|--------------|--------|---------|--------------|--------|---------|
| | Pooled | | | Gain Framing | | | Loss Framing | | |
| | (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) |
| Competition | 0.25** | 0.25** | 0.45*** | 0.24 | 0.23 | 0.45*** | 0.26 | 0.28 | 0.45*** |
| | (0.12) | (0.12) | (0.12) | (0.17) | (0.17) | (0.16) | (0.18) | (0.18) | (0.17) |
| Effort Proxy | | -0.02 | | | -0.02 | | | -0.03 | |
| | | (0.01) | | | (0.02) | | | (0.02) | |
| Believe Win | | | 1.36*** | | | 1.39*** | | | 1.31*** |
| | | | (0.14) | | | (0.20) | | | (0.20) |
| Control mean | 4.89 | 4.89 | 4.89 | 5.05 | 5.05 | 5.05 | 4.73 | 4.73 | 4.73 |
| Observations | 787 | 787 | 787 | 390 | 390 | 390 | 397 | 397 | 397 |

Competition Reduces Beliefs About Winning



Finding 2: Two Opposing Channels Driving Utility Effects

► Preference Channel

- Competition increases utility through the preference channel.
- Individuals intrinsically enjoy competing with others.

► Belief Channel

- Competition reduces utility through the belief channel.
- Competition reduces beliefs about winning, which lowers utility

Recap of Main Research Questions

► Competition $\uparrow \implies$ Utility \uparrow

► Mechanisms

$\overset{\checkmark}{\implies}$ Belief channel (-)

$\overset{\checkmark}{\implies}$ Preference channel (+)

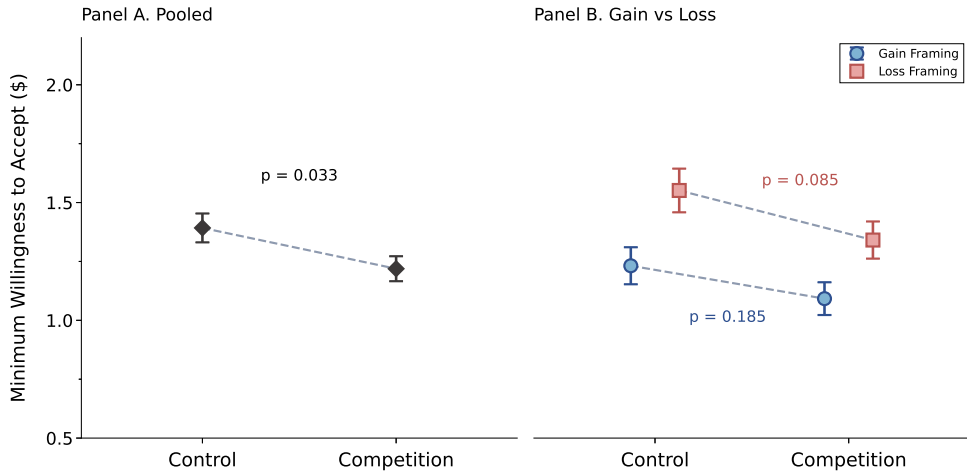
$\overset{\times}{\implies}$ Effort channel

► Second-order consequences of utility effects

$\overset{?}{\implies}$ Preference for the task

$\overset{?}{\implies}$ Zero-sum thinking and Altruism

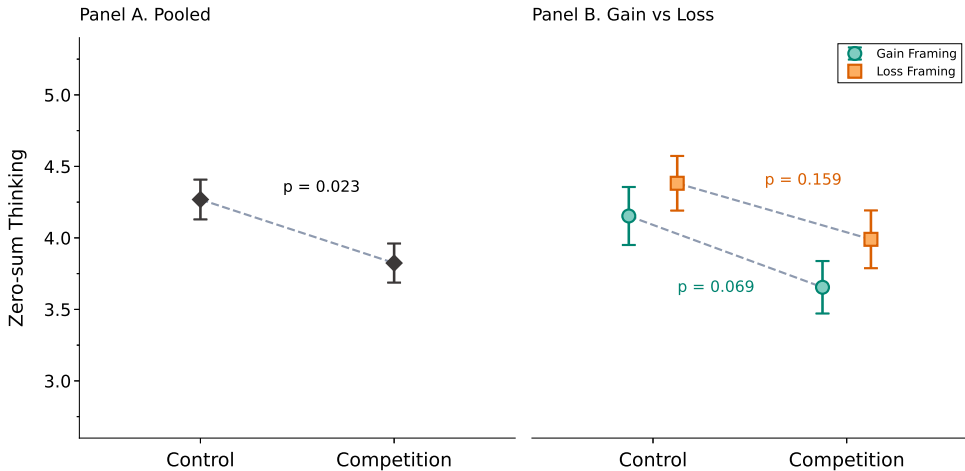
Competition Increases Preference for the Task



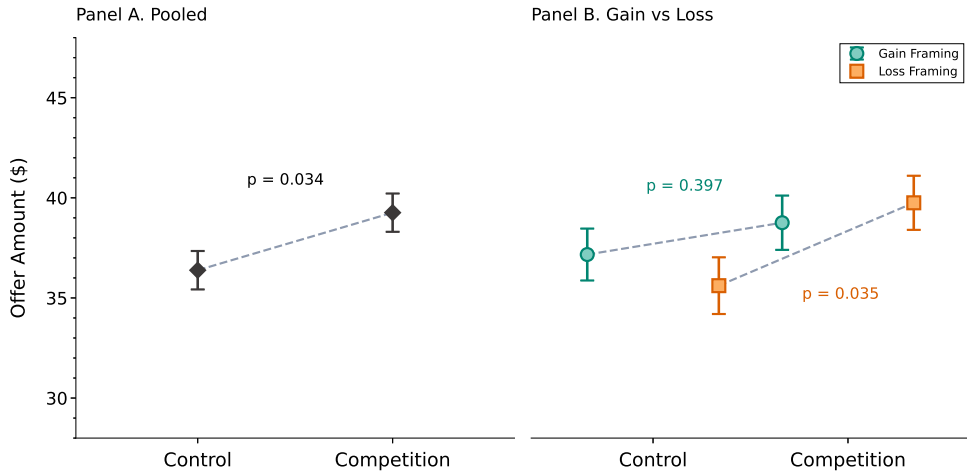
Finding 3: Competition Increases Preference for the Task

- ▶ Competition Increases Preference for the Task
 - More willing to repeat the task, even without competition
 - Evidence for Attribution bias

Enjoyable Competition Reduces Zero-sum Thinking



Enjoyable Competition Increases Altruism



Finding 4: Enjoyable Competition Improves Prosociality

- ▶ Enjoyable competition positively affects social behavior
 - Enjoyable competition reduces zero-sum thinking.
 - Enjoyable competition increases altruistic behavior.

Wrap Up

► Competition $\uparrow \implies$ Utility \uparrow

► Mechanisms

$\overset{\checkmark}{\implies}$ Belief channel (-)

$\overset{\checkmark}{\implies}$ Preference channel (+)

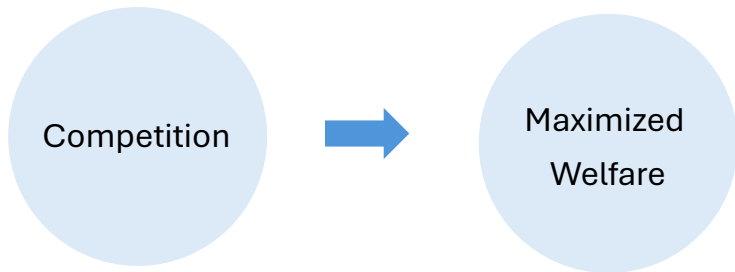
$\overset{\times}{\implies}$ Effort channel

► Second-order Consequences of Utility effects

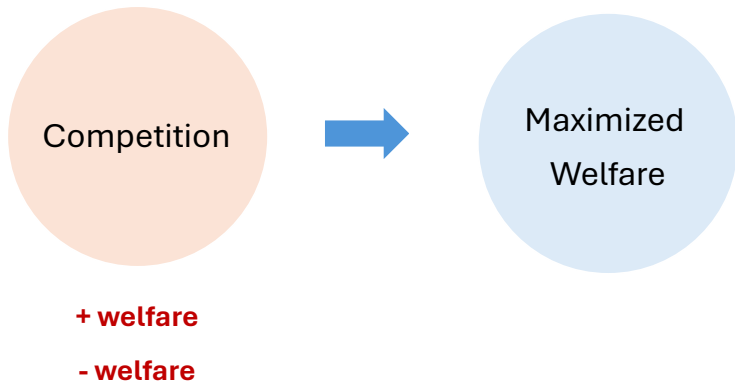
\implies Preference for the task \uparrow

\implies Zero-sum thinking and Pro-social behavior \uparrow

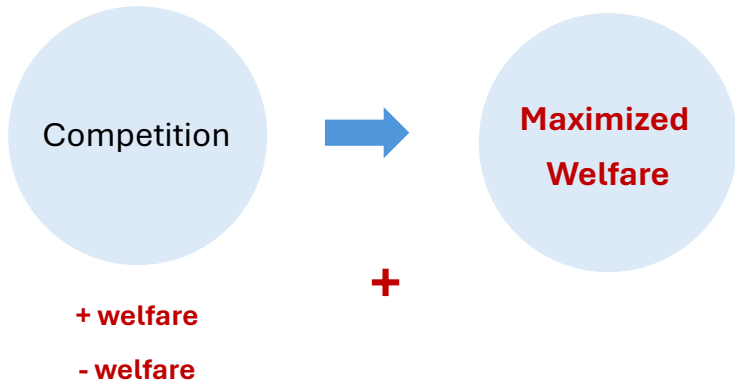
Competition as a Powerful Tool for Improving Welfare



Competition Itself as a Source of Welfare



Utility Effects of Competition Matter for Welfare Analysis



Thank you!

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Website: jiaruiww.github.io